



Fill a Stocking, Fill a Heart

Fall 2009

PO Box 1255, Oregon City OR 97045
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Did You Know.....?

- **Fill a Stocking, Fill a Heart** is a local non-profit organization assisting Clackamas County agencies by providing their neediest clients with a filled Christmas stocking during the holidays. For many, this is the only gift they will receive.
- The program began in 1997 providing 500 stockings. It now provides almost 2,500 stockings each year to about 20 agencies with the help of the public.
- The program is run solely by unpaid volunteers who help all year long.

Our Biggest Needs for 2009

- ❑ **Filled stockings** for teens and adults - our largest requests. All other ages, too.
- ❑ **Volunteers** to check stockings
- ❑ **Cash donations, age appropriate gifts, or any of the items listed below:**

| Basic Items Needed | Numbers Needed |
|---------------------------------------|------------------------|
| Toothpaste – child and adult | 900 |
| Toothbrushes – all ages | Quantities filled |
| Shampoo – all ages | 900 |
| Soap – mild | 900 |
| Shaving Cream – men only | 900 regular size cans |
| Deodorant – men & women | 900 |
| Razors – men & women | 400 |
| Hair Brushes – all ages | 800 |
| Infant & durable Toddler toys & Books | 200 |
| Baby Shampoo and Lotion | 200 |
| Baby Soap or Wash | 200 |
| Baby Bibs & Bottles | 200 of each |
| Diapers and Wipes | For 200 stockings |
| Socks – especially women | 1,000 pairs - all ages |
| Gloves – especially male | 1,000 – all ages |
| Hats – especially male | 1,000 – all ages |

Basic Items provided in all stockings – as per age

Thank You!

- **BCT (Beaver Creek Telephone)** who has again donated our workshop space located on Henrici Rd in Oregon City.
- **Craig Danielson-Danielson's Hilltop Mall** who provided the space for our deliveries.
- **The over 40 businesses** and several private sites acting as drop sites for the public to pick up and drop off filled stockings. Go to our website for these locations.
- **Last but not least**, all the businesses that made contributions, the general public and all our volunteers!!

Especially needed are gifts or filled Christmas stockings for Teen Males, Adults, and Senior Adults

***Items for Men and Teen Boys** such as: wallets, watches, movie and fast food gift cards, store gift cards, bus passes, card games, books, games, small alarm clocks, small radios, water bottles, baseballs, small Nerf footballs and basketballs, hand held games, and cameras.

***Items for Senior Adults:** large print word search & crossword books, large print playing cards, large piece puzzles, grocery store & fast food gift certificates, watches, books, calendars, lotion, flashlights & batteries, non-slip socks, stamps & envelopes, note cards, and some nice gifts, too.

Stockings requested by & delivered to agencies in 2008, by age group

| | | | | | |
|-----------|-----|-------------|-----|---------------|-----|
| Infant | 167 | 6-8 years | 155 | 15-18 years | 336 |
| Toddler | 151 | 9-11 years | 230 | Adult | 690 |
| 3-5 years | 179 | 12-14 years | 217 | Senior Adults | 373 |

Yes! I Want To Help Fill a Heart With Joy This Christmas!

Enclosed is my tax-deductible donation of: _____\$25 _____\$50 _____\$100 _____other
 (Make checks payable to FASFAH & Mail to: PO Box 1255, Oregon City, OR 97045)

____Please contact me about a donation of needed items.

____Please let me know how my business/church/school/community group can be involved.

Name _____

Address _____

Phone: _____ Email: _____

Donations are tax deductible as allowed by the IRS - Tax ID Number 93-1296743

Early December Deadline

To assure partner agencies that the Christmas stockings contain appropriate items for their clients, we check every stocking that comes in – making sure all the items are new, appropriate for the age group, and that all the basic items are included. If not, additional items are added to make a full stocking, then delivered to or picked up by the agencies.

This takes time and many caseworkers need their clients' stockings by early December. **We request all filled stockings be returned to us by Dec. 4th.**

Do donated stockings fill ALL needs?

Unfortunately, they do not. Individuals and community groups fill about 1,200 stockings. Volunteers at the workshop fill the remaining 1,500 plus stockings with donated items and items purchased by Fill a Stocking, Fill a Heart. Fundraisers and money donations help us purchase additional needed items and gifts throughout the year.



Agencies That Received Stockings In 2008

(some agencies represent multiple programs)

Annie Ross House
Camp Fire USA/Healthy Start
Clackamas Charities Sandy Vista
CCC Young Parent Program
Clackamas County Housing Authority
Clackamas County Independent Living
Clackamas County Juvenile Dept
Clackamas County Mental health
Clackamas County Social Services
Clackamas Service Center
Clackamas Women's Services
Gladstone Senior Center
Inn Home-Homesafe Program
Inn Home-Springwater Trans Living
Milwaukie Center
Oregon Dept of Human Services
Parrott Creek Child & Family Services
Pioneer Community Center
Rosemont Treatment Center & School
Sandy Community Action Center
Wilsonville Community Center

Please Volunteer with Fill a Stocking, Fill a Heart!

We need help in the workshop all year, but especially during the months of September through December. We have limited workshop hours, so we could use volunteers during the daytime hours Monday through Friday to check filled stockings and fill additional stockings, as needed. We also have Saturday times available.

We ask ALL Workshop Volunteers to pre-register – please no drop-ins!
Groups are limited due to space.

If you wish to volunteer, please leave a message at 503-632-0577.
Email: info@fillastocking.org, or return the fundraising/volunteer form.

Go to our website for more information and check out our calendar of events.

www.fillastocking.org

"I was so surprised for all the wonderful gifts. I never had so many presents in my life."

"You warmed hearts, from our newborns and their parents to seniors. For so many of our clients, your stocking was their only gift. Thank you for saving the day."

THANK YOU TO OUR MAJOR SPONSORS FOR THEIR CONTINUED SUPPORT



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